



April 2011 ~ Vol. 60 No. 4

Cooperator

Newsletter

Published Monthly

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2011
MIAMI SWCD ANNUAL
TREE
SEEDLING
SALE!

PICK UP YOUR TREES

Tuesday - April 5 or Wednesday - April 6
8AM-6PM

Conservation Education Area
Miami County Fairgrounds
Extra trees sold no earlier than
NOON April 6.

If possible, please bring bags or boxes to transport your trees!

April Signals Return to Evening Board Meeting Schedule



Here's a reminder to let you know that the Miami Soil and Water Conservation District Board of Supervisors Meetings return to the evening schedule. They will be conducted on the second Tuesday of the month at 7:00PM. Location will be the District office at 1330 N. County Road 25A, Troy. Please call 335-7645 with any questions.

From Miami County Sanitary Engineering - 440-5653

Backyard Composting & Gardening Workshop

A Joint Workshop from North Central Ohio Solid Waste District (Champaign, Shelby, Hardin, Allen) & Miami County Sanitary Engineering

WHEN: April 9, 2011 **TIME:** 10:00 AM - 12:00 (noon)

WHERE: A.B. Graham Memorial Center at

8025 East U.S. Route 36, Conover

COST: Free (will need a minimum of 10 people, maximum of 40)
Refreshments will be Served

Registration Deadline April 5, 2011

PRESENTATIONS ON: Backyard Composting 101, Companion Gardening & Rain Gardens

YOU'RE INVITED TO
AG BREAKFAST!



THURSDAY, April 21st

Frisch's Restaurant, Troy

7:30AM

*Breakfast on your own

Tri County Pond Clinic



Tuesday April 19th, 6PM
Steve & Michelle Sherman
13484 Coble Road
Yorkshire, Ohio 45388

This 'floating' event will be hosted by Darke County this year. Please come dressed for the weather and bring your own lawn chair or blanket!

Presentation Topics:

- New Pond Construction
- Fish Species & Stocking Rates
- Aquatic Vegetation Management
- Pond Problems

Contact Information:

Darke SWCD (937) 548-1715
Miami SWCD (937) 335-7645
Shelby SWCD (937) 492-6520

“Now is the Perfect Time”

Leigh Ann Gerardi McCulla- Director
Honey Creek Watershed Association



Everyday we hear news of rising gas prices and food prices and it seems like there is always a crisis somewhere. It's easy to feel overwhelmed and powerless about these rising prices, but I think our power really lies in what and where we choose to invest our time and money. I think now is the perfect time to start shopping at our local farmer's markets. The truth is you

have the power to shop wherever you want. It's an easy way to take control of how far you drive, control how much you pay for your food and reinvest your money in your own town.

There are many benefits to shopping at your local farmer's markets. The food is freshly picked and quickly delivered retaining more of its nutrients, it greatly reduces the amount of fuel used to transport the food from other states, and you are supporting the community in which you live and your local economy.

As discussed in previous articles; the choices you make concerning where you shop and what you buy can impact soil and water quality as well. For instance, a typical local farm is usually a smaller operation and a smaller farm operation accumulates less manure to manage than large production farm. Smaller farms also use less water for irrigation and food processing.

Buying locally means fewer miles the food has to travel, the less packaging and processing it requires to keep the food viable. The shorter the distance the food travels, the less oil that needs to be extracted and processed to make the fuel. It also cuts down on brake dust and diesel particulates that become pollutants in storm water runoff and potentially becoming trapped in the soil. Beyond water conservation and pollution abatement, these examples also reduce the raw natural resources it takes to create the packaging, process the fuel, and so on and so forth.

We are very blessed to have so many local farmers' markets in our area to choose; even in our urban areas. If you are interested in trying your hand at buying locally produced products, you can find your closest market by conducting an internet search or reading your local paper. I'll bet you'll find plenty of places to go.

While we may not be able to get everything we need from our local markets, we can get quite a bit. It is wonderful that we have a great alternative to being totally at the mercy of the national and global economy. So, save some gas, eat healthier and support your local community; shop locally.

Stay tuned to May's Cooperator, where we'll pass on dates, times and locations of local farmers markets within Miami County.



Upcoming Events

**APR 5&6
APR 9**

Tree Sale Distribution (Miami Co. Fairgrounds)
Research Your Roots 8am-3:30pm
\$ Call 937-773-5100 or go to
www.rootsweb.ancestry.com/~ohmch
Troy Hayner Cultural Center Events
339-0457 www.TroyHayner.org

**APR 9
APR 12
APR 12**

Crystal Trio
In-Hong Cha, Violin Recital
Miami SWCD Board of Supervisors Meeting
7PM District Office Public Welcome
Bradford Ohio Railroad Museum Grand
Opening www.bradfordrrmuseum.org
Brukner Nature Center Events
698-6493 or www.bruknernaturecenter.com

APR 16

**APR 21
APR 23
APR 30
MAY 3**

Ag Breakfast 7:30AM Troy Frisch's
5K Run Wild!
Tunes in the Trees!
Area IV Envirothon - Lost Creek Reserve &
Knoop Ag Heritage Center
Spring of 1803

MAY 14

Early Farmhouse antiques and Primitive
Handmade wares for home and garden
Miami County Fairgrounds Troy
10-3 admission \$2.00
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or call Susan at 937-308-2165
or Kathy at 419-424-1865 <http://ohio1803>

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What Does the Health Department Do For You?

Submitted by Theresa Canale, Miami County Health District

Health District, Health Department, or Public Health. Whatever name you use, have you ever wondered exactly what your health department does for you? If you asked someone on the street what the Health Department does, they might say "inspect restaurants," or "give flu shots." Both are critical jobs the health department does, but it's just a small part. There are actually over 60 different programs, strategically shaped into several divisions according to function.

Nursing – The public health nurses provide childhood and adult vaccinations, including vaccines required when traveling outside of the country. The Prenatal Wellness Center provides a comprehensive team consisting of an OB/GYN physician, a registered dietician, a licensed social worker, and a registered nurse to assist pregnant women during and after pregnancy. The Well Child Clinic provides preventive care to children from birth to 21 years of age and also performs kindergarten physicals, sports physicals, developmental, hearing and vision screenings and much more.

Environmental Health - The sanitarians (health inspectors) inspect restaurants and grocery stores in the area, as well as inspect and regulate schools, jails, public swimming pools, campgrounds, mobile home parks, septic systems, and water wells. The EH division responds to complaints involving trash, housing, solid waste, pollution and any other type of general nuisance that may present a health hazard. The Health District also enforces the smoke-free workplace laws and is helping the public understand and manage bed bugs. The Plumbing Department is within the EH division and these inspectors examine commercial and residential plumbing work to ensure that connections are made in a safe and sanitary manner.

Vital Statistics – This office is responsible for the coding and archiving of Birth and Death Certificates for Miami County. When a Birth or Death certificate is received, it's completed and registered with the State Vital Statistics office. The office is now able to issue birth certificates for any person born in Ohio.

Women, Infants, and Children (WIC) - This program provides Federal grants to States for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.

Other functions –The Miami County Health District is also involved in Emergency Preparedness and Response, working to maintain a strong public health infrastructure capable of responding to incidents that result in public health threats and emergencies. Also, the health department is responsible for probing reports of communicable diseases. The reports are thoroughly and rapidly investigated to protect and prevent the spread of diseases in your community.

As you can see, your local health department is involved in many aspects of public health and wellness. Sometimes it may be behind the scenes, but the dedicated employees of the Miami County Health District work hard every day to have a positive impact on your life no matter where you are in the community.

**FORESTS
FOR PEOPLE**

**MORE THAN YOU
CAN IMAGINE!**

For Creative Types!

Try your hand at creating a poster that either speaks to Forests or Recycling. This group effort between the Miami Soil & Water Conservation District and the Green Gals encourages you to choose between these two topics to create a poster that inspires and communicates! The Miami Soil and Water Conservation District is promoting the theme of Forests from the National Association of Soil and Water Conservation District Soil Stewardship. The Green Gals are promoting recycling. Deadline is April 20.

RULES Poster size must be between 8 1/2 x 11 and 22 x 28 horizontal or vertical.

Posters can be created with crayons, markers, watercolors or any other method of writing, printing, coloring or drawing to create a 2-dimensional image.

Prints or pictures of commercial origin **will NOT be accepted**.

One entry per student.

Posters accepted from any student, ages 5-19

Home School, Scouts, 4-H entries welcome

Turn in entries at either Soil & Water or Sanitary Engineering

Questions? Call Linda at the Miami SWCD - 335-7666, ext. 230 or Cindy at Sanitary Engineering at 440-3488.



ENTRY FORM Please apply to back of poster

Student Name _____ AGE _____ GRADE LEVEL _____

School Name or Troop Number _____ Teacher/Leader Name _____

School or Leader Address _____

City _____ State _____ Zip _____

Student Phone Number _____ Teacher or Leader Phone Number _____

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Vision: To be responsible leaders in promoting innovative stewardship of natural resources through the development of conservation partnerships to enhance the quality of life.

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